

Aftercare Instructions Following Treatment with Dermal Fillers

Immediately after treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result of the injection. The inconvenience is temporary and generally disappears in a few days.

- Apply an ice pack to the treated area; this will reduce any initial swelling.
- If you are having lip treatment the initial swelling may last longer. It can last for about a week and the lips may look uneven during this time. The results directly after treatment should not be seen as the final result.
- Avoid touching the treated area for 6 hours following treatment.
- Avoid washing the area with soap and water for 6 hours.
- Avoid applying make up to the area for 6 hours. After this light make up can be applied and the area can be gently washed with soap and water.
- Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g. solarium and sunbathing) or extreme cold.
- Avoid laser treatment, chemical peels or similar procedures as they may elicit an inflammatory reaction.
- If you have previously suffered from cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores.
- If you are taking aspirin, anticoagulant therapy, or any similar medication, these may increase the bruising and bleeding at the injection site.

If you have any concerns, please call Dr Timothy Eldridge at myFACE on 01242 570404.