

## Beginners Dermal Fillers Course

### Aim:

- To provide an overview on the use of HA dermal fillers for cosmetic uses

### Objectives:

- Name the layers of the epidermis and describe the therapeutic effects of HA dermal fillers, including their limitations when used as a cosmetic treatment.
- Define the mode of action of HA dermal fillers, explaining their therapeutic effects including limitations of use and any concerns with toxicology.
- Select patients suitable for HA dermal fillers, including contra indications and cautions, side effect and possible adverse reactions.
- State any pre-treatment care and recognise the need for consent.
- Identify the need for topical or local anaesthesia and demonstrate the safe administration.
- Demonstrate the safe use of HA dermal fillers, describe the rationale behind the choice of product, dose and injection technique.
- Summarise appropriate written and verbal aftercare advice to patients who have received HA dermal fillers.
- Demonstrate the appropriate use of clinical record taking and recall good practice, in relation to handling complaints.
- Describe safe storage and disposal methods for products and equipment.
- Explain the insurance requirements to practice these treatments.

### Learning Content:

- To train Doctors, Dentists, Dental Hygienists/Therapists, Registered General Nurses and Paramedics in the administration of dermal fillers for cosmetic purposes.